

## Price List

### Massages

- Full-body \$230
- Mint full-body \$235
- Deep tissue \$250
- Aromatherapy \$250
- Head, neck & shoulder \$100
- Back \$110
- Mint blast back \$115
- Indian head \$110
- Foot Massage \$80
- 30 minutes additional massage time \$50

### Beauty Bar

- Signature manicure \$100
- Signature pedicure \$150
- Gel manicure \$125
- Gel pedicure \$165
- File and polish \$30
- Polish change \$20
- Gel soak \$40

### Body Treatments

- True Blue body scrub \$110
- Heavenly body wrap \$120
- Tea bath soak \$60
- Calming cocoa bath soak \$75
- Oat-lavender bath soak \$75
- Minty bath soak \$70
- Ginger detox bath soak \$75

### Facials

- Signature facial \$110
- Pevonia prescriptive facial \$150
- Back Facial \$120

### Built For Two

- Couples full body massage \$450
- Couples back massage \$210
- Couples body scrub \$210
- Couples pedicure \$290
- Couples spa day \$299
- Two to tango package \$199

### Waxing

- Eyebrows \$20
- Upper lip/chin \$20
- Full face \$45
- Full arm \$100
- Under arm \$30
- Half arm \$50
- Stomach \$40
- Chest \$40
- Back \$80
- Half leg \$70
- Full leg \$110
- Bikini \$85
- Brazilian \$110



## BENEFITS OF MASSAGE

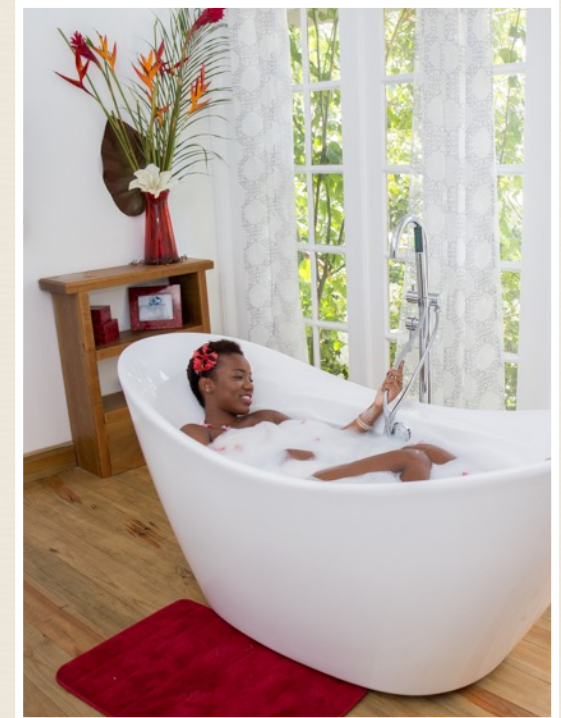
Eases muscle pain by increasing and improving blood circulation. Helps soothe anxiety and depression. Improves sleep quality. Massages boost patients' white blood cell count (which plays a large role in defending the body from disease). Massages relieve migraines and tension headaches, relieves stiff shoulders and overworked arm muscles and lower back pain

## BENEFITS OF CHOCOLATE SKIN TREATMENTS

Detoxifies skin from impurities. It sloughs off the dead skin cells and allows the newly exposed, fresh skin to breathe freely. Dark Chocolate keeps skin moist and well nourished. Dark chocolate hosts a range of potent antioxidants. These antioxidants protect your skin from free radical damage; keeping it soft, supple and juvenile.

## BLUE HAVEN SPA

True Blue Bay Boutique Resort



### Opening Hours

Daily: 9am - 6pm

Phone: 473-443-8783

Email: [spa@truebluebay.com](mailto:spa@truebluebay.com)

True Blue Bay Boutique Resort



All prices are in Eastern Caribbean Dollars



## ABOUT US

Our unique tree top spa located in True Blue Bay Resort offers a wide range of luxurious treatments at an affordable price.

Blue Haven Spa specializes in homemade Grenadian chocolate remedies and Pevonia Skin Care to ensure luxurious and eco-friendly skin treatments. Our Spa Therapist, Kisha, Rachel, Nerissa and Shadi will ensure you leave the spa feeling relaxed and rejuvenated.

Spa treatments can also be made available in the privacy of your room at no additional charge

BLUE HAVEN SPA  
True Blue Bay Boutique Resort  
(473) 443 8783  
spa@truebluebay.com

# BLUE HAVEN SPA

The spa offers a quiet tranquil place to relax and be pampered. Taking advantage of the wonderful range of treatments available at the Spa or try our unique “All About Chocolate” Spa package. Chocolate treatments are made with the 100% Grenadian Chocolate Cocoa.

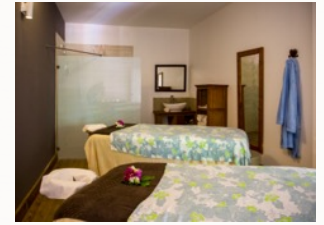
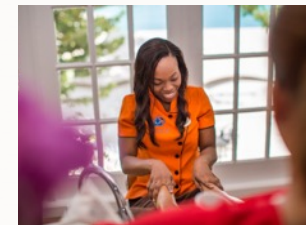


## ALL ABOUT CHOCOLATE EC\$249.00

This includes any 3 of the following spa treatments:

- ❖ Chocolate Facial
- ❖ Chocolate Body Wrap
- ❖ Mocha Body Scrub
- ❖ Cocoa Calm Bath Soak
- ❖ Chocolate Manicure
- ❖ Chocolate Pedicure

(180 mins)



*package is for individual use and are designed to be completed in one day.*